

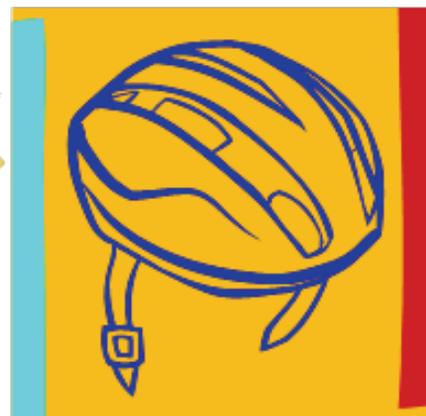
Summer Safety Tips for Kids



- Teach kids when and how to dial 911.
- Children should know their parents names phone number(s) and address(es).
- Emphasize that EMTs and paramedics are here to help in an emergency.

Ways to avoid injuries

- Always wear a helmet when biking, skateboarding, roller skating or riding a scooter.
- Always stop at STOP signs and look both ways before you cross the street.



- Wear a lifejacket when swimming or boating and always swim with a friend with adult supervision.



- Use sunscreen to protect your skin from burns.
- Sunglasses will also help protect your eyes from harmful sun rays.

- Use care when eating foods like hot-dogs, grapes and hard candy, or cut them into smaller pieces to prevent choking.



Tips for Parents and Caregivers

Automobile safety

- In 2008, about 4 children ages 14 or younger were killed in motor vehicle crashes every day, and many more were injured.
- Children ages 12 and younger should always be buckled up and seated in the rear seat of vehicles.
- For children ages 4 to 7, booster seats reduce injury risk by 59 percent compared to safety belts alone.



Safety on the playground

- Falls are the leading cause of non-fatal injuries for all children up to 19 years old. Every day, approximately 8,000 children are treated in U.S. emergency rooms for fall-related injuries.
- Check to make sure playground equipment your child uses is properly designed and maintained, and there's a safe, soft landing surface below.



soft landing surface below.

- Supervise young children at all times around fall hazards, such as stairs and playground equipment, whether you're at home or out to play.

Visit www.in.gov/dhs/getprepared

Street Smarts

- A child's smaller size makes it difficult for drivers to see them, especially if they're standing between parked cars on the side of the road.
- Avoid letting children cross any street or intersection alone.
- When driving, never assume a child pedestrian sees you or will yield the right-of-way.

Safety around water

- Swimming is the third most popular recreational activity in the United States and the most popular activity for children.
- Never allow children to swim unsupervised in any body of water.
- Children should take regular breaks to avoid becoming overly tired.



IDHS: Leadership for a Safe and Secure Indiana